



**Two Days Female Training Workshop on
Fruit Processing and Preservation
At Swat By
PCSIR Laboratories Complex Peshawar
In
Collaboration with Pak Army Mingora Swat Region
(22nd-23rd May, 2017)**



Initiative taken by PCSIR for the development of Area:

A two Days female training on 22nd to 23rd May, 2017 was imparted to local community of Swat region at **Govt. Girls High School, Village Charbagh, Swat**. The training team was headed by Dr. Javed Abbas Bangash and comprised of the following officers.

1. Mrs. Nabeela Dar (SSO)
2. Miss. Salma Iman (SO)
3. Mr. Rehmanullah (SO)
4. Mr. Muhammad Javed (Supdt) Master Trainer

The participants were briefed theoretically about processing and preservation techniques of fruits and vegetables and practically demonstrated the preparation of the following products.

- ✓ **Apple Jam**
- ✓ **Apple Chuttni**
- ✓ **Tomato Ketchup**
- ✓ **Fresh Tomato Preservation**
- ✓ **Red Syrup**
- ✓ **Dehydration of Vegetables**



The training was attended by sixty four (64) female (House Wives and Students).

Pictorial View of Training





Concluding Ceremony/ Certificate Distribution:

Col. Umar was the chief guest of the ceremony. The Concluding ceremony was attended by the dignity of the area, female teaching staff, training team of PCSIR Peshawar and other officials of Pak Army.

Col. Umar, in his address, thanked training team and PCSIR Peshawar for organizing such a fruitful training workshop for the local community of Char bagh region of Swat. He appreciated the sizable participation of local community in the workshop and also lauded the products prepared during this training. He vowed that such type of activity should be continued in future as the Char Bagh area of swat is very populated comprising more than 50% of females. He appreciated the Participation of house wives and students. He also thanked the dignitaries of the area for allowing the female to take part in such a fruit full activity.

At the end he distributed the certificates among the participants.

